

# The next Generation Health. Premium-Set Evo.



More Health. More Life.

**BEMER**  
GROUP

Micro what? Don't worry, you don't need to know. Ideally, you aren't even aware of your body's microcirculation – yet it comprises 95 to 98% of your entire circulatory system! <sup>15</sup>

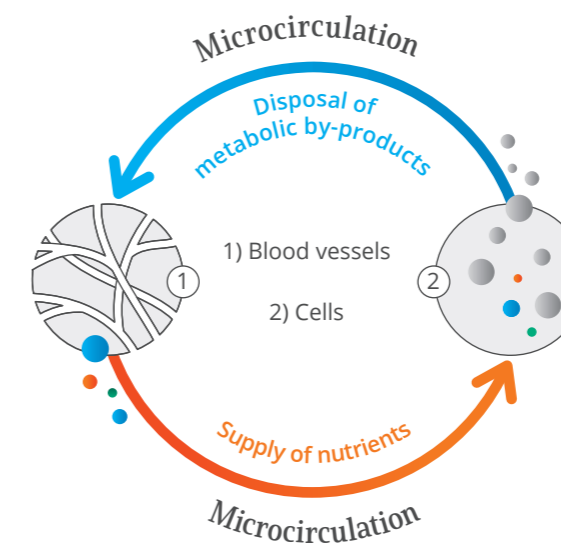
## Small blood vessels. With a big impact.

Of course, the most important job is done by the heart, which pumps blood through our arteries and veins. But then it's the turn of the smallest blood vessels. Via their own pumping movements, known as "vasomotion," they supply blood to our cells – and thus to our entire organism. As mentioned, you shouldn't actually notice any of this. However, poor lifestyle habits and aging processes can visibly weaken and impair the microcirculation. And this can have far-reaching consequences:

- Impaired nutrient supply to tissues and organs
- Decreased physical and mental performance
- Impaired healing and regeneration
- Pain and mood disorders
- Most civilization diseases can be traced back to impaired microcirculation

### Our body's transport system

Our body's cells act like miniature power plants. However, the metabolic processes that take place inside each cell can only function properly if the supply of nutrients and disposal of by-products are optimally balanced. And this is precisely the task of the microcirculation: Through the smallest blood vessels, nutrients and oxygen are delivered to the cells – and by-products are removed – in a continuous cycle.



### The BEMER physical vascular therapy.

The BEMER physical vascular therapy is an application that targets key areas of the body. It works entirely without chemicals or "miracle cures." While this may sound like magic, it's actually just physics! BEMER is an evolution of magnetic field therapy – it uses a pulsating magnetic field to deliver the unique, patented BEMER signal configuration into your body. This signal in turn can stimulate the pumping movements of the smallest blood vessels. <sup>1</sup>

The result is that the cells receive more oxygen and nutrients, providing increased energy and vitality for your entire body. <sup>1, 5, 6</sup> This particular mechanism of action has been the subject of much scientific research.



## Welcome to **BEMER Evo.**

Technology should be alive, in harmony with our entire being, and effortlessly adaptable to our daily lives. The credo that most clearly underlines this requirement is simplicity. Simplicity is the key to better accessibility and real added value in terms of tangible benefits. We have rethought the new Bemer product generation from the ground up – our trusted, proven, and medically certified technology is thus even more valuable, powerful, and intuitive to use.

The brand-new BEMER Premium-Set Evo is the all-inclusive package for your physical vascular therapy. It includes everything you need for all types of treatment. The new B.Box Evo controller impresses with its clear design, premium materials, and well thought-out ergonomics.

**A sensual design,** tailor-made for the perfect “Me” moment.



Improve your circulation the easy way.

By improving restricted blood flow, BEMER can help the body to perform its functions optimally. <sup>1,5</sup>

## 2 × 8 minutes of “you time!”

The BEMER application can support cell maintenance, i.e., the process of supplying cells with nutrients and oxygen while also removing metabolic by-products. <sup>1,5,6</sup> With an application time of only 2 × 8 minutes daily, BEMER can provide support for your entire vascular system. <sup>1,6</sup>





**Loudspeaker**  
High-quality sound and a clear voiceover feature.



**Display**  
High-resolution touchscreen display with light sensor.

**Intuitive**  
Extremely simple operation.



## The B.Box Evo

- High-resolution touch display with light sensor
- 3 pre-installed programs
- 3 freely programmable expert-mode programs
- 3 intensity levels
- Sleep program
- Dual control
- Ambient light ring
- Relaxation music
- Magnetic, exchangeable stands or optional wall mounting

**Ambilight**  
Pleasant light during applications.



**Stand**  
Magnetic, exchangeable stands or optional wall mounting.



**Dual application**  
Simultaneous operation of 2 application modules.

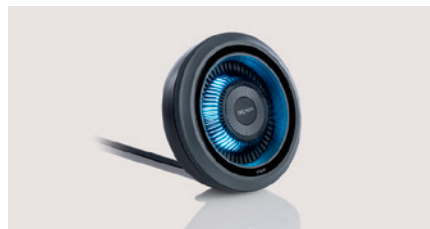


## The BEMER Premium-Set Evo in detail.

**Top technology with top equipment!** The BEMER Premium-Set Evo is an all-inclusive package for the demanding user. It impresses with its holistic design, sophisticated ergonomics, and combination of premium materials. It also appeals to all the senses and inspires thanks to its user-friendly high-resolution touchscreen. An absolute highlight is the **2-in-1 functionality**, which makes it possible to control two application modules simultaneously and independently of each other.



**B.Box Evo**  
Controller with high-resolution touchscreen display for operation of the individual applicators.



**B.Spot Evo**  
Hits the spot with pinpoint accuracy – the applicator for intensive treatment of small areas.



**B.Pad Evo**  
The ingenious all-rounder for targeted therapy at home and on the road.



**B.Body Evo**  
More comfortable, more efficient, more practical – the applicator for full-body therapy has never felt so good.



**B.Bed Evo**  
Just sleep on it. The applicator for the whole body, specially designed for use in bed. Puts the “good” in “good night.”



**B.Box Evo Battery Stand**  
Flexible power supply for your B.Box Evo.

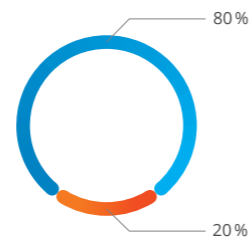
### Stress? That's something that affects other people!

- The BEMER therapy can help to relieve stress. <sup>2</sup>
- A user survey showed that 9 out of 10 BEMER users sleep better after using the sleep program. <sup>2,11</sup>
- BEMER can help the body regenerate during rest periods. <sup>2,10</sup>



**80%**  
of working people sleep poorly.

Employed people with sleep disorders.



- Employed people with sleep disorders
- Employed people without sleep disorders

Source: DMarschall, J., Hildebrandt-Heene, S., Sydow, H. & Nolting, H.-D. (2017). Gesundheitsreport 2017 (A. Storm, Hrsg.). medhochzwei Verlag GmbH.

Your head has barely touched the pillow and your mind is already in a spin. The stress from your working day still grips you, leaving you tossing and turning endlessly – a good night's sleep remains a distant dream. With BEMER, proper rest can become a reality. BEMER can promote relaxation. <sup>2</sup> This can help you to wind down faster and sleep better.

**Falling asleep is easy – on the answer to your dreams!** Thanks to the innovative sleep program including timer and alarm function, the B.Bed Evo and B.Box Evo will soon be your new favorite bedfellows. But there's no need for your partner to feel jealous – thanks to the 2-for-1 feature and the dual function, you can both enjoy the BEMER therapy together. Prepare to properly wind down...and enter the world of your dreams.

## BEMER B.Bed Evo. Your bedtime companion.

“My job is very demanding.  
**BEMER keeps my  
body and mind fit.**”



Christine Franz  
Watch me



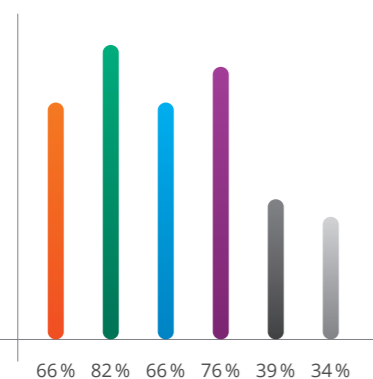
**A short timeout. With deep relaxation.** The day is done. And so are you. But you just can't switch off, you're permanently amped up. What if breaking out of this vicious cycle of stress and lack of regeneration was actually super easy? BEMER can support the body's own mechanisms and provide lasting, holistic relaxation, thus promoting an overall sense of wellbeing. <sup>2</sup> The best part is how easy it is – simply lie down on the BEMER and relax.

- BEMER is your partner for physical and mental wellbeing. <sup>2</sup>
- BEMER can stimulate restricted blood flow in the smallest vessels. Blood flow in the smallest vessels plays an important role in many physiological processes in the body. For example, it affects rest, sleep, and regeneration, as well as your physical and mental stamina. <sup>1</sup>
- The BEMER therapy can help to relieve stress. <sup>2</sup>
- BEMER can promote relaxation. <sup>2</sup>

**82%**

of 30 to 39-year-olds experience feelings of stress.

Age distribution of people affected by stress.



- 18 – 29 years old
- 30 – 39 years old
- 40 – 49 years old
- 50 – 59 years old
- 60 – 69 years old
- over 70 years old

Source: Techniker Krankenkasse (2016). „Entspann dich, Deutschland – TK-Stressstudie 2016“. Statista. <https://de.statista.com/statistik/studie/id/19354/dokument/verbreitung-von-stress-in-deutschland/>







“25 years of ice hockey took their toll on my knees. Thanks to BEMER, I can walk properly again today.”

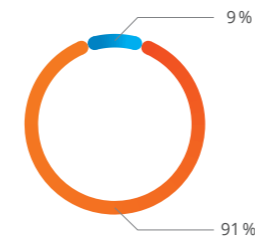
Michael Rudman  
Watch me



## Only 9%

of those surveyed actually had an all-around healthy lifestyle.

### How healthy are Germans?



- Have an all-around healthy lifestyle
- Do not have an all-around healthy lifestyle

Source: Deutschland? (S. 56) [DKV-Report 2018]. Zentrum für die Gesundheit durch Sport und Bewegung der Deutschen Sporthochschule Köln, Institut für Sportwissenschaft (Julius-Maximilians-Universität Würzburg). <https://www.ergo.com/de/DKV-Report>

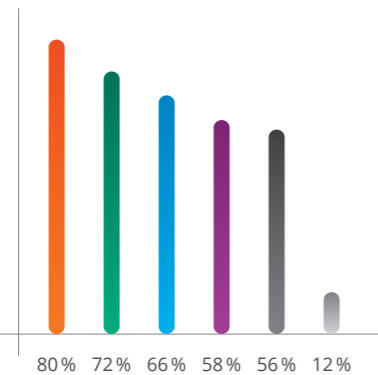
**BEMER helps you to jump for joy.** Of course, even BEMER can't turn back time. But think of it as a daily fountain of youth from which you can sip. Stress, not enough sleep, an unbalanced diet, general signs of aging, all of these leave their mark on your body. BEMER gives it a fighting chance – BEMER can help the body's cells do their job – one of the most important prerequisites for health <sup>1,6</sup> and promote overall wellbeing. <sup>2</sup> BEMER, the scientifically proven mechanism of action that works entirely without chemicals. <sup>1,7</sup>

- BEMER can help to improve your quality of life. <sup>2</sup>
- BEMER can help the body's cells do their job – one of the most important prerequisites for health. <sup>1,6</sup>

**80%**

of respondents said they consider health important for their quality of life.

What's important for your quality of life?



- Health
- Family and partnership
- Self-determination
- Social responsibility
- Environmental protection
- Money and property

Source: Bertelsmann Stiftung (2010). Wichtige Faktoren für die Lebensqualität. statista.de. <https://de.statista.com/statistik/daten/studie/163877/umfrage/umfrage-wichtige-faktoren-fuer-die-lebensqualitaet/>



**After training is before BEMER.** Taking a break is the key to strengthening your powers. "Regeneration" is the magic word in competitive and amateur sports. But how long does it take for your body to regain its strength? BEMER can help to stimulate cellular metabolism, supply tired muscles with nutrients faster, refill your body's fuel tanks. And those annoying sore muscles after your last hard workout? Already a distant memory! Little wonder, therefore, that BEMER is part of the training plan of many current and former professional athletes.

- BEMER supports regeneration processes in the body by stimulating microcirculation. This can also help to relieve sore muscles or sports injuries. <sup>1, 6, 9, 10</sup>
- BEMER can stimulate restricted blood flow in the smallest vessels. Blood flow in the smallest vessels plays an important role in many physiological processes in the body. For example, it affects rest, sleep, and regeneration, as well as your physical and mental stamina. <sup>1</sup>

“From 2 weeks to a few days:  
**BEMER shortens  
my recovery time.**”



Manuel Gossner  
Watch me



**Bye-bye pain, hello joie de vivre!** Whether in your back, joints, or muscles... chronic pain can severely limit your freedom, much like a prison cell. You can either let it get you down – or break out and find new freedom. Become the master of your body and your life! Just 2 × 8 minutes of BEMER a day can help to relieve chronic lower-back pain.<sup>2,7,8</sup> Your body will regain its former strength, letting your spirit breathe freely once more.

- BEMER can relieve pain in the lower back.<sup>2,8</sup>
- BEMER can improve the outcome of certain types of therapy.<sup>8,13</sup>
- BEMER can help the body regenerate during rest periods.<sup>2,10</sup>

“Sport used to hurt!  
With BEMER I’m  
pain-free again.”

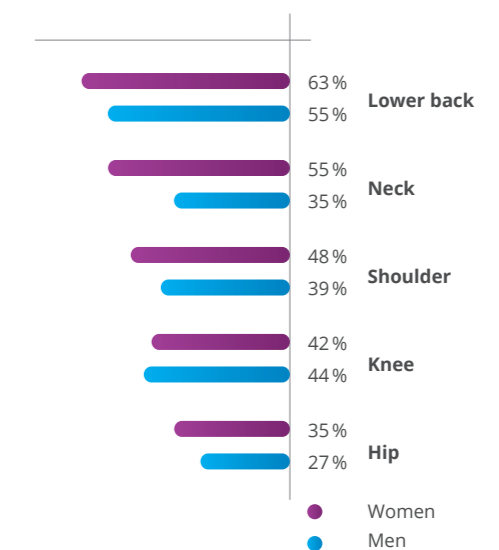


Thomas Ahlers  
Watch me



**63%**  
of women suffer from lower back pain.

The most frequent sources of pain  
by body region.



Source:  
Liebscher & Bracht (2018). Schmerzpatienten – Verteilung von Schmerz in Deutschland nach Körperregion und Geschlecht 2017 [Statistikportal]. Statista. <https://de.statista.com/statistik/daten/studie/896807/umfrage/verteilung-von-schmerz-in-deutschland-nach-koerperregion-und-geschlecht/>

# Health is a matter of trust.

BEMER Int. AG was founded by Peter Gleim Sr. and is a medical technology company that manufactures products to treat impaired microcirculation. We have been developing patented treatment methods for physical vascular therapy since 1998 – and our research in this field never stops. BEMER products are classified as medical products: powerful, safe and effective.

Several hundred thousand satisfied users worldwide are the best possible proof of our commitment.

BEMER Int. AG has a certified quality management system in accordance with the DIN ISO 13485:2016 standard. In addition, we meet the most stringent national requirements for medical products. The safety of our devices is of particular importance to us – product testing is therefore an indispensable part of our quality assurance measures. Detailed safety tests are carried out at the end of each production process.

We also work closely with the relevant authorities beyond the borders of Europe. For example, we are listed with the FDA (one of the leading authorities in the USA for the approval and market surveillance of medical products) and our devices have been approved by it as Class II medical products.

As a participant in the Medical Device Single Audit Program, BEMER Int. AG confirms that it complies with the strictest, globally applicable quality standards in the medical technology industry. We focus on supplying our customers in the best possible way in accordance with the highest quality standards.

Our constantly heightened sense of responsibility means that we ensure maximum quality and safety at all times!



Certified quality management system in the areas of development, production, distribution, and service of stimulation devices for physical vascular therapy



DQS-MED-certified management system in accordance with ISO 13485: 2016 (MD-SAP Audit Model Edition 2). Design and development, manufacture, distribution, and service of stimulation devices for vascular physical therapy. -BRA, CND, USA (a,b,c,d)

#### Disclaimer

The statements made by each person in this promotional material are their own individual opinions and experiences of the BEMER applications. In particular, the statements made about the effectiveness of the BEMER applications and the success of the treatment are based on individual cases and therefore do not necessarily constitute either representative or blanket statements or recommendations.

#### List of sources

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**B.Light Restore Evo**



**B.Light Clear Evo**

## Also discover our **Beauty-Pack Evo.**

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BEMER Partner: